

**ISLAND RADIO OPERATED CAR CLUB**

**RETURN TO SPORT PLAN**

**COVID-19 SAFETY**

May 25, 2021

Blake Bell

# RETURN TO SPORT PLAN

## Safety Protocols and Procedures

### ***Maximum Event Attendance***

The IROCC club is a very small club with typical event turnout numbers of roughly 15 – 35 people. Although this has never happened in our 35 years of existence, we will put a hard limit of 40 people on our events. This is under the provincial 50 person limit and will allow for any extra family members that may come visit one of our events.

Club members are asked to refrain from inviting non-members to events without first checking with the race director to ensure that the event attendance will still fall within guidelines.

Note that IROCC race events are hosted solely for the enjoyment of the club members and there are no spectator grandstands, concessions, or any other gathering places that could attract groups of people.

### ***Physical Distancing at Events***

As mentioned previously, racing model cars is mostly an individual hobby so physical distancing is quite easy to implement. Club members must setup their pit area underneath their own personal pop-up canopy. These canopies are 10' x 10' and therefore automatically create a physical distance between each club member.

While walking around the parking lot, club members must always respect physical distancing guidelines and stay 2m apart. The parking lot is very large and there is plenty of room to spread out.

The hill on the grass boulevard will continue to serve as the “driver’s stand” on which club members will stand when actively racing their model car on the parking lot. We will setup small flags on the boulevard at two meter intervals to make it very easy to keep within physical distancing guidelines in this area. The boulevard is roughly 40m long so there is plenty of room for racers to spread out.

Similar to the boulevard, the “pit lane” area of the parking lot will be spaced out in two meter intervals. This will keep people within physical distancing guidelines when the pit lane is being used by one of the model cars.

Finally, the computer canopy will be off limits to everyone but the race director. The race director alone will be responsible for setting up the computer in the morning and taking it down at the end of the day.

### ***Track Equipment***

IROCC uses large pieces of carpet and wood barriers to create the track area in the parking lot. While this equipment is very “low touch” throughout the day, it does need to be moved once onto the track surface in the morning, and once off the track surface at the end of the day. IROCC will require club members to wear gloves if they are involved in moving this equipment. Additionally, after moving any of this equipment, club members will be required to wash their hands at the handwashing station (see below).

### ***Handwashing Station***

IROCC will provide a handwashing station setup beside the computer tent. The station will contain alcohol type hand cleaners. Club members will be expected to wash their hands throughout the day, but in particular before and after moving any of the track equipment. The race director will be expected to wash his/her hands before and after using the computer.

### ***First Aid***

If first aid is required to be administered during an event, all persons attending to the injured individual must first put on a mask and gloves.

### ***Restrooms and Refuse***

The park & ride parking lot does not contain a restroom so there is no need for extra sanitizing in this area. Refuse will be collected by IROCC and disposed of offsite.

## **Illness Policy to Enforce Safety**

IROCC has created this new illness policy to help enforce safety at its events:

- Anyone who has been diagnosed with the Covid-19 virus will not be permitted at an event until they are free of the virus.
- Anyone who is waiting for the results of a Covid-19 test will not be permitted at an event until the results of the test are known.
- Anyone who has had symptoms of Covid-19 in the last 10 days will not be permitted at an event. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Anyone from a household with someone showing symptoms of Covid-19 will not be permitted at an event.
- Anyone directed by Public Health to self-isolate will not be permitted at an event.
- Anyone who has arrived from outside of Canada or who has had contact with a confirmed Covid-19 case must self-isolate for 14 days and monitor for symptoms before they will be permitted at an event.
- Anyone starting to feel ill while participating at an event will be asked to go straight home.
- If anyone becomes severely ill (e.g., difficulty breathing, chest pain) we will call 911 immediately. We will then clean and disinfect any surfaces that the ill person has contacted.

## Communication Plan

IROCC will be communicating with its members through electronic means in advance of events, and through onsite signage at events themselves.

### ***Training on new Policies and Procedures***

All club members will be given the list of new safety policies and procedural changes in advance of events. This will allow each club member to perform a self-assessment before coming to an event and it will also provide an understanding of what is expected of them while at the event.

Each club member will have to sign a Participation Agreement (Appendix A) before being permitted at an event. A signed agreement will confirm the participant's understanding of the new safety policies and procedures.

### ***Signage Onsite at Events***

Signage will be posted at the parking lot in a central area near the entrance and computer canopy. This will ensure people see the signage upon entering the parking lot and throughout the day while walking between the two sides of the lot. Signage will include these key items:

- Occupancy limit (40 people maximum)
- Physical Distance rules (Stay 2m apart from others)
- Effective hygiene practices
  - Wash hands regularly
  - Avoid touching eyes, nose, and mouth
  - Cough and sneeze into your sleeve
- No handshaking, high fives, hugging, etc.
- Restrictions on participants, including those with symptoms and visitors

## Outbreak Plan

While IROCC is a very small group, if an outbreak is reported, the club director will have the authority to modify, restrict, postpone or cancel further events.

If a participant reports that they are suspected or confirmed to have Covid-19 then the Illness Policy will be implemented, and that individual will be asked to quarantine at home and monitor their symptoms. The individual will be asked to report any respiratory illness and to not return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

In the event of a suspected outbreak of influenza-like-illness, the club director will report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at the local health authority.

## APPENDIX A – PARTICIPATION AGREEMENT

Club members and family members of club members while in attendance at club activities. (“Participants”)

All “Participants” of the Island Radio Operated Car Club (IROCC) agree to abide by the following points when entering club facilities and/or participating in club activities under the Covid-19 Response plan and RTP Protocol:

- I agree to symptom screening checks and will let my club know if I have experienced any of the symptoms in the last 14 days.
- I agree to stay home if feeling sick and remain home for 14 days if experiencing Covid-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the facility, with soap or sanitizer.
- I agree to follow physical distancing protocols of staying at least 2m away from others.
- I agree to abide by all my club’s Covid-19 Policies and Procedures.
- I understand that if I do not abide by the aforementioned policies and procedures, that I may be asked to leave the club for up to 14 days to help protect myself and others around me.
- I acknowledge that continued abuse of the policies and/or procedures may result in suspension of my club membership temporarily.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that the measures taken by the club and participants, including those set out above and under the Covid-19 Response Plan and Return to Sport Protocols, will not entirely eliminate those risks.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_